



The Conservation Quarterly

REPORTING ON THE MAC ENERGY CONSERVATION PROGRAM

A STAR PARTNERS NEWSLETTER • MICHAUD COOLEY ERICKSON, CONSULTING ENGINEERS

VOLUME: 1

OCTOBER 2010

ISSUE: 1

Metropolitan Airports Commission

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New Lamps Cut Costs!

MN Sports, a retail store in T1 (the Lindbergh Terminal) is currently investigating the replacement of their existing Par30 and Par38 incandescent lamps with new energy-efficient LED versions. Keep your eye on this space for the savings.



Summertime Energy, Health and Comfort

AT WORK:

Did you know that the floor area equal in width to 1.5 times the height of your windows is considered your 'daylighting zone'? By that standard you should use natural light in that zone in lieu of electric lights, whenever the sun is shining. Did you know that natural light is better for your health and your mood? Enjoy natural daylight when you have it. Turn lights down or off during daylight hours.

Cooling: If the sun is heating up your space adjust your blinds for the best balance between sunshine and comfort.



AT HOME:

Minimize solar heat gain by closing your sunny side curtains and window shades during the day to block out the sun and keep your house cooler. Turn off cooling if no one will be home for at least half a day. For best results, buy a programmable thermostat. Air that's moving feels about 8 degrees cooler than air that's not. Use cross breezes and electric fans to reduce your air-conditioning costs.

TRASH FLASH

Tallying the trash from beach clean up efforts lists the top 10 items in their order of abundance:

- cigarette butts
- plastic bags
- food containers
- caps and lids
- plastic bottles
- paper bags
- straws and stirrers
- cups, plates, eating utensils
- glass bottles
- beverage cans

Trash impacts our quality of life in Minnesota. Let's do our part to keep our roads, beaches, waters and airport clean.

Rent a Bike!

Recently, *Bicycling Magazine* described Minneapolis as America's most bike-friendly city. It also ranked Minneapolis 2nd in the nation for the number of people who bike to work. Census data show that approximately 4,500 Minneapolitans regularly commute to work by bicycle.



In Minneapolis Nice-Ride-MN makes bikes very accessible for rent (\$5/day, \$30/mo, \$60/yr). Check it out! (www.niceridemn.org)